AUGUST, 1996
VOLUME 12, NO. 7

SACWN
SACRAMENTO AREA CAREER WOMEN'S NETWORK INC.

THE SACWN SALON:

LOVING OURSELVES

WITH KATE MACKENZIE, L.C.S.W.

Loving ourselves is a path to happiness and self-fulfillment. But like many paths, there can be obstacles that keep us from enjoying the scenery along the way.

Join SACWN for a discussion by Kate MacKenzie, L. C.S.W. that will highlight the steps we can take on the "gayly-forward" path to loving ourselves. Kate will point out the obstacles of old hurts and wounds, dysfunctional family problems, fear, lack of knowledge and understanding that may keep us from moving forward. You'll learn more about how to feel good about yourself and how to overcome historical obstacles.

The SACWN Salon is an intimate gathering of SACWNites that begins with an hour of networking, (with drinks and nibbles) and concludes with an hour of group discussion.

Date:	**Friday, August 16, 1996**
Place:	**SACWN Office**
	3031 F Street, Suite 201, Sacto.
Time:	**6:30 p.m.**
Tickets:	**$ 5 Subscribers**
	$10 Non-subscribers
	$10 at the Door

See ticket order form on inside back cover.
An event for women over 21 only.

From the Steering Committee

The cycle of life seems to go in extremes, doesn't it? From one extreme to the next. And so it goes with SACWN.

Early this year, we began a project to put a SACWN home page on the internet and then began discussing the development of a chat room for SACWN. The mission of SACWN, to create a safe environment for women to meet, when overlaid with the 1990s culture, seemed to be perfectly interpreted in the essence of a chat room - a safe on-line place for lesbians to meet. And we were right, very right.

We listed the chat room with all the major search engines (a search engine is a program like a directory that will take your request, such as *lesbian organizations,* scan the internet and feed back to you the addresses of all the locations on the internet that are listed as a *lesbian organization).* We began the room on June 1. Within 21 days, we had 1900 hits on the chat room. That means, on the average, more than 100 people accessed the chat room to talk (through typed and read messages) to each other.

That's the good news. The bad news is our server (the company with the computer that is the physical location of the programming for our chat room) could not handle that volume of hits, and so they pulled our plug (so to speak.)

Yes, we had checked with the server prior to developing the coding for the chat room, but much of the work of the internet is still experimental. The very nice folks at the server probably thought that we'd have 10, maybe 20 on a good day, hits on the room. They probably never imagined that women from around the world, from Australia, Philippines, Florida, anywhere, would find the address of this little SACWN home page and spend hours talking to each other through their system. Our chat room got so busy at times that none of the servers' other customers could get on-line.

So, we are now looking for another location for our chat room at a price we can afford. We have sent an advertising appeal to all of our regular advertisers asking for support for the chat room. To date, Whitney & Killick has been our primary support, which we sincerely appreciate. We hope by next month that we can give you a new address for the chat room. Success, but perhaps too much.

At the other extreme, participation in SACWN events is down. The SACWN Salon was started as a low overhead way of creating a meeting place for members. While a dozen women thoroughly enjoyed meeting with Catherine Goggia, artist and cartoonist from Chico, we were disappointed in the turnout. We'll try it again. We are going to produce a quarterly "big event," with the Salon in the other months for a while. Let us know what you think. Look for news from the Sacramento Women's Gathering elsewhere in this issue- a wonderful success!

SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card 3 1/4 x 1 3/4	$25	$37
Two-column ad 4 1/2 x 2 3/4	$40	$60
Quarter page 3 1/2 x 4 1/2	$50	$75
Half page 7 1/8 x 4 1/2 or 3 1/2 x 9 1/2	$90	$135
Full page 7 1/2 x 9 1/2	$160	$240
Classified ads (per word)	.40	.60
Discounts (pre-paid) 1 year	20%	
Discounts (pre-paid) 1/2 year	10%	

Advertisers are not necessarily lesbians. We do not warrant the services or products of advertisers.

SACWN STEERING COMMITTEE

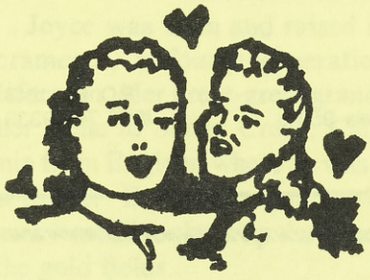
Rosemary Metrailer, Corporate Coordinator
(916) 447-7255
Jane Irwin, Finance Coordinator
(916) 424-3153

Sandra Virago
Executive Director
SACWN, Inc.
3031 F Street, Suite 201
Sacramento, CA 95816
(916) 451-8034
FAX: (916) 446-7189
Assistant Editor: Jeanine M.

SACWN, Inc. newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from **SACWN, Inc.** Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. Deadline for submission of material is the third Friday of the month before publication. For more information, contact Sandy Virago at 451-8034.

Special Interest Groups - August

Special Interest Groups, fondly called SIGs, provide a way for our subscribers to meet in a more personal setting and get to know each other while exploring a common interest.



SINGLE CONNECTION

The Single Connection will join with the Moms and Kids Group for an evening of minature golf and rubberboats with pizza. Everyone is welcome, and you don't need to bring a child to attend. The date is **Friday, August 9**. Call **Eileen at 422-8180** for details and reservations.

On **Sunday August 11**, we will be having brunch on the river and on **August 24,** we are going bowling. The bowling is pure fun and non-competative. For details on both of these events, call Eileen at 422-8180. On **Saturday, August 31**, we are going to the movies. Ann is our host so call her at 927-6038 for details.

Anyone interested in a camping and fishing trip in September? Let's get a group together and go for it. Call Josie at 368-6668. We need to plan this *now* to get our reservation in. Also in September a picnic/potluck and fun time with other singles is in the works. Give Eileen a call.

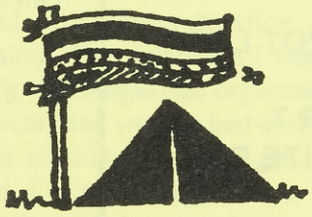
I'd like to hear from all you singles out there about things you'd like to see the Singles Connection doing. Don't be shy about calling me at **422-8180.** Let's make some fun happen.

TOP 10

There will be a planning pot luck barbeque swim at Anita's on Saturday August 17. Call 428-9583 to RSVP.

The Top Ten dinner will be at Strings at 19th and Broadway on August 11, 5:30 p.m. For more information, call Anita at 428-9583

We are still looking for a facilitator and sharing responsibilities until we find her!



RAINBOW CAMPERS

Here's the schedule for a summer of camping fun. Call **Casey** for information and coordination at **366-7362** .

August 9 -10 - Wright's Beach
Sept 20-21 - Coloma
October - Barbecue and planning party for next year. Details TBA.

All campers are welcome with tents, trucks, RVs, mattresses, etc.

FOUR WHEELERS

Have a four wheel drive? Wanta give it some action? Call Cinder at 676-0641 or Julie at 361-9422 for info.

FLY FISHING

A fly fishing trip is planned for August 16-18 to a private ranch near Lassen. Fishing in lake and stream. Call Beth and Carmen at 455-0904.

CYBER SIG

We are re-engineering.

Call **Anna at 739-6366**. Anna can also be reached by leaving a message on her e-mail at **afong@csus.edu**. SACWN's e-mail address is **sacwn@cwo.com.**

COUPLES GROUP

Call **Diana and Julie at 361-9422** for activities.

MOMS AND KIDS

The Mons Group meets for a potluck on the third Saturday of the month. We also get together for many other fun family activities during the month. And for that needed break from the kids, we feature a **"Mom's Night Out"** activity. Call **Kim,** the group faciliator at **364-8653** for information. For a newsletter and monthly activity calendar, call **Donna or Christina at 484-5696.**

NEWCOMERS

We have a welcome brunch on the last Sunday of the month. Join us if you are new to the area, new to SACWN or just new. All members and facilitators are invited to attend. RSVP to Debbie at 209/369-3220 for location and time.

WILDLIFE, BIRD WATCHING AND PHOTOGRAPHY HIKES

Call **Linda at 921-9052** to find out about the upcoming activities.

SACWN COMMUNITY CALENDAR

SACWN DATES FOR 1996

FRIDAY, AUGUST 16 - SACWN SALON
LOVING OURSELVES
WITH KATE MACKENZIE, L.C.S.W.

Join us for an intimate evening of networking and discussion at the SACWN office. See registration form on inside back cover.

FRIDAY, SEPTEMBER 20
SACWN SALON - TBA

FRIDAY, OCTOBER 18 - COMEDY
SIERRA 2 THEATER

SATURDAY, NOVEMBER 23 - POT LUCK

SATURDAY, DECEMBER 7
THE 20TH ANNUAL SNOW WHITE BALL
LINCOLN PLAZA

IN THE COMMUNITY

August 1, 35+ Lesbian Support Group in Auburn at the De Witt Center 6-8 p.m. For information, call 632-7080.

August 10, DeCastros **4th Annual Be-Bop Bandstand**, an alternative to the bar scene in San Francisco. Crystall Ballroom of the Ramada Hotel, 1231 Market Street at 8th. A fundraiser for the Women's Cancer Resource Center. DJ dancing with Margo Tufo, old time rock 'n' roll and Motown, with free dance lessons from 8:00 to 8:30 p.m. Raffle prizes, period costumes and more. Tickets are $12 in advance and $15 at the door. For information and tickets, call 415/648-3331.

September 5, 35+ Lesbian Support Group in Auburn at the De Witt Center 6-8 p.m. For information, call 632-7080.

Ongoing - Group of **Davis Women** forming. Call Linda at 759-9547 for more information.

Ongoing - The Clothing Women for Success Project is a non-profit organization that helps financially disadvantaged women with interview clothing to enter or re-enter the workforce. Donations are needed. Call 535-5156 for information.

Deborah A. Brooks

Certified Public Accountant

5350 Marysville Road
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Building Lasting Relationships

Couple's group emphasizing solutions and growth in establishing committed long-term relationships. Meets 2xs per month. Facilitator: Melinda Facelli MFCC #MFC30351 - **783-0563**

SUCCESSFUL SACWNITE

Our successful Sacwnites this month are Joyce Austin and Joy Fisher, a couple who met through SACWN and who just celebrated their relationship with a ceremony in the rose garden at McKinley Park.

Joyce was born and raised in Sacramento, a fourth generation Californian. Her great-great grandfather came to Sutter Creek, California from England where he was a coal miner. During the gold rush, miners worked to shore up the mines in the gold fields.

Joyce grew up in Fair Oaks, then moved to Sacramento and graduated from CSUS at 20 years of age. Her first job was at Jacob's Cadillac where she filled in for anyone who was on vacation and did office work.

"I came out at 14 in high school, and later had a woman lover in college. Then I met this really nice guy at work and thought, I can be normal. I can get married." And she did. She had two children, now 31 and 34 years of age.

"My marriage was okay for about 8 years. He has a big warm family who embraced me. But then I got involved in the Robert Kennedy campaign, then the peace coalition and the woman's movement. I started getting closer to women, developing strong relationships, and I knew it was time to figure out who I was. I met a woman in the McGovern campaign, and we were together for 20 years."

During this time, Joyce got a masters degree from CSUS in government and went to work for the County Probation Department, then SETA and then served as the administrativeassistant to County Supervisor Ted Sheedy. The last ten years were spent working for the county court system. Joyce recently retired.

When Joyce became single after 20 years, friends told her to call SACWN. "I picked up the SACWN information at the Rainbow Festival and recognized a few names in the newsletter. I thought,' this won't be too scary.' I signed up for a few activities, but then didn't go. Finally there was a pot luck five blocks from my house, and I thought I could do that. I made a few friends, and went to a singles function in Lake Tahoe. The first night I went gambling with Angie (the organizer of the event) and went to bed early. The next morning when the group gathered, I met Joy. We went to a show, exchanged phone numbers and I knew she was special when I wanted to talk with her rather than gamble.

"When we returned to Sacramento, I called her and we went to a play, had dinners together, and spent a lot of time just talking. I began to court her."

Joy was born in Cleveland Ohio and her family moved to Rialto in Southern California when she was 12. She went to UC Riverside, but quit before getting a degree. Joy worked as an airline hostess for Bonanza Airlines in Las Vegas, then went to work for the *Las Vegas Sun* newspaper where she worked her way up to editor of the Sunday magazine.

After years of a 70-hour work week, she returned to California and took a job with the *Riverside Press-Enterprise*. She had dated a fellow from California before moving to Las Vegas, and they decided to marry.

Then in 1968, Joy saw an ad in

the newspaper that would change her life. It read, "Do you believe that half the world is discriminated against and you are part of that half?" Joy immediately joined the National Organization for Women (NOW) and became radicalized. She decided that the movement would be best served if she became a lawyer. She went to night law school, worked as a free-lance writer and became the president of Orange County NOW. In that capacity she attended a conference for lesbians in Los Angeles.

"I saw a film of two women making love in the woods and my heart started thudding. I realized my body was telling me something. I left that conference 'Head-Gay.' I thought about those feelings for more than a year and then met a woman who brought me out. The marriage ended. I spent six weeks at a radical lesbian camp in Vermont, a year at the Women's Writing Center in upstate New York and returned to California a lesbian."

"At first I worked for the Gay Community Services Center in Los Angeles as a public speaker and then decided to return to law. I took a job with the state as a hearing officer and moved to Sacramento

(continued next page)

SUCCESSFUL SACWNITE, CONT.

with my partner. After 12 years, my partner and I broke up. I retired from the state and went to Austria and worked as a legal editor for almost three years. In 1993, I returned to Sacramento, went back to work as an administrative law judge and in April, I went with the Single Connection to Lake Tahoe for the weekend.

"Joyce did court me. She'd come early in the morning and I'd open the door to a fresh cut rose from her garden. She proposed after a few months, but I was scared. I wanted to wait a year before we began living together. We moved in together on Valentine's Day in 1995 and started planning our wedding."

"We took a year and decided on a wedding in McKinley Park, with a lesbian minister, Joy in a Hawaiian wedding dress, two women singing the Hawaiian Wedding Song, and a Hawaiian dancer at the end of the ceremony. We had a horse drawn carriage take us to the reception at the Tuesday Club where 100 friends joined us in celebration."

Legalized marriage for lesbian and gays is important to Joyce and Joy. "We asked for donations for the Hawaii Equal Rights Marriage Project instead of presents and raised almost $1000." Joy explained. "In the old days, slaves couldn't marry. Mixed race marriage remained illegal in some states until the '70s. We are the last remaining group to face this discrimination. It's a way of saying our relationships are not real."

What is success to Joyce and Joy? Joyce feels that retiring before age 60 is a sure sign of success, one she recently achieved. For Joy, "Success used to be about self actualization, but now I know it also includes having a loving partnership."

Joy and Joyce plan to move to the big island of Hawaii in 1998 and hope to be one of the first couples in line when the Hawaiian Supreme Court decides to permit legalized marriages for gays and lesbians.

BREAKING UP- HEALING AND LETTING GO

Three part lecture/discussion series for those who have ended a relationship or who are in the process of breaking up. 9/9, 16. 23. Registration info: 783-0563.

Melinda Facelli MFCC, #MFC30351

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The Center For Psychotherapy And Counseling
Supervised by: Donna Harper, LCSW, LCS 15876

The Fourth Annual Sacramento Women's Gathering was held on July 19-21st at a campground outside of Nevada City. Sixty-two women shared a weekend of fun, sharing, learning and making friends.

While improvements are made each year, based on the evaluations of participants, the basic format for the weekend has remained consistant over the past four years.

The weekend begins as women arrive on the land from 4 p.m. on Friday. Four groups of cabins, each with a bathhouse with hot water, are scattered over the land. Participants register, choose a cabin, park their cars across the road and wheelbarrow their belongings to their cabin. Each open air cabin has 4-6 bunks. One section is designed for singles and another for late-talkers.

The opening circle began at 6:30 p.m.with a welcome, introductions and a dedication of the weekend to Angie Nunez. Angie who died after the last Gathering, had been an active member and SIG faciliator for SACWN.

Friday night's entertainment was produced by Lesha and Cinder. Starting the show was a performance by SACWNite and singer Danielle. Debbie clogged for us and several participants put on extemporanious skits. Lesha tied it all together with her charm and wit.

On Saturday, there was a workshop on Embracing Change led by Rosanna, another on Relationships presented by Diana Sharpe, a Making Music Workshop led by Jeannette, and a "Let's Talk Hot Sex" workshop with Joanne Morrow.

There was volleyball, canoeing, swimming by the waterfall and hula lessons given by a SACWNite born and raised in Hawaii. Just before dinner, the participants were treated to a performance of the hula by the workshop graduates. A dance and campfire with s'mores ended Saturday night.

Following breakfast on Sunday morning, there was a spirituality workshop led by Diana Sharp and a discussion on defining community led by Sandy Virago. The closing circle at noon came too soon for many folks enjoying the woman energy.

The T-shirt design for the Gathering was donated by SACWNite Renee' Murray. She calls her "Wilde'woman," a good name for the image now being worn over the hearts of those attending.

It was a great group of women who shared the weekend this year. Thanks go to cooks Carol and Sandy and special thanks to kitchen coordinator Vicki. Everyone worked to make this a weekend that won't be quickly forgotten. The Fifth Annual Sacramento Women's Gathering has been scheduled for July 18-20 at Camp Augusta. Do join us, it's a fantastic adventure!

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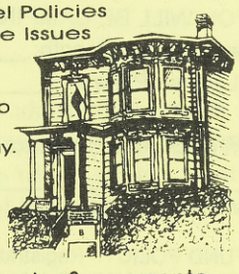

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Come meet women from all over North America who are gathering for four days and nights of entertainment, seminars, drumming, food, fun, line dancing, games, exhibit halls, dancing to "Second Wind" Friday and Saturday nights and . . . did I mention FUN!

Sign up for the entire convention, or purchase a day pass. If you have an RV, you can camp right on the grounds and experience this gathering to the fullest! You don't need to belong to RVW -- SACWN members and friends are welcome.

REGISTRATION FORM

Mail this form with check/money order or credit card information to RVW Convention '96, PO Box 1940, Apache Junction, AZ 85217 Phone (602) 983-4678. Fax (602) 982-6125. You can also reach us online at RVingWomen@aol.com. Exhibit space still available. If you would like exhibitor information check here ❑

PLEASE PRINT ALL INFORMATION

NAME _____ NAME _____

ADDRESS _____ PHONE ( ) _____

CITY/STATE/ZIP _____

Rally Reservations $48 x _____ persons = $_____

Day Pass $20 x _____ persons x _____days = $_____ (no RV)

18 Hole **Golf** Tournament (Oct. 24th at Lockeford Spring)
$45 x _____ persons = $ _____

Total Enclosed $_____

Camping (up to 4 days) $ 56

( ) I need a tent space $ 56

( ) I need disabled parking ($68 w/elect)

Charge to Visa M/Card Card #_____ Exp. Date _____

IF YOU WILL BE CAMPING WITH US, PLEASE ALSO FILL IN THIS INFORMATION:

Type of RV and length: _____ (MH, Van, Trlr, etc.) Make _____

RV License Plate # _____ State of Registration _____ Towing a Car? _____

In an emergency, contact: (Name, relationship, phone & address please) _____

Confirmation will be mailed 14-21 working days after receipt of payment. Directions and parking pass will be mailed approx. 9/15/96

REFUND POLICY: Registration fee (less a $20 per person cancellation fee) can only be refunded if written notice of cancellation is received at RVW by October 1, 1996. Phone cancellations cannot be accepted. All confirmation materials must be returned with the cancellation request.

SUBSCRIPTION RENEWAL

All subscriptions may be paid in full or in 2 installments, the second installment due in 6 months. Subscription entitles you to our monthly Newsletter and discounts for all functions. Please select the appropriate category and send a check for the correct amount, payable to SACWN, Inc.

CATEGORIES	RATES
Regular Subscriber	$36/year
Two-in-One Household	$60/year
Limited Income Subscriber* (Student/Senior/Disabled)	$24/year
Sustaining Subscriber**	$48/year

Enclose check and mail to: **SACWN, Inc., 3031 F Street, Suite 201, Sacramento, CA 95816**

Name(1) Name(2)

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This form is NOT a permanent record. Please note: Names on checks are listed in our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail. If subscribing by cash, please make your payment at the next meeting you attend. A $10 fee will be charged on returned checks.

WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.

Signature_____ Date_____

Signature _____ Date _____

*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

* SENIORS -Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

**SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

SACWN SALON

Presents..

Loving Yourself with Kate Mackenzie

Registration Form

NAME _____

ADDRESS _____

CITY _____ STATE ____ ZIP ____

PHONE _____

	Price	Subscriber #	# Tickets
Subscribers:	$5	_____	_____
		_____	
Non-subscribers:	$10		_____
Limited Income:	$ 3	_____	_____

Mail check, payable to SACWN, send to:

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For this event, no tickets will be sent.
A registration list will checked at the door.
For information, **call 451-8034.**
For VISA or MasterCard purchase, provide
Acct No: _____
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Signature: _____

A **5%** handling fee will be added to the charge. Your bill will indicate a purchase from **Outsourcing Management Group.** If a SASE is provided, tickets will be mailed, otherwise they will be held at door. **Tickets are nonrefundable.**

This event is for women over 21 only.

SACWN

SACRAMENTO AREA CAREER WOMEN'S NETWORK INC.

3031 F STREET, SUITE 201
SACRAMENTO, CA 95816

ADDRESS CORRECTION REQUESTED

SEE YOU AT THE SACWN SALON!!!